



# IMPORTANT

## HEALTH...

Health Staff are on the grounds and available 24-hours-a-day. Counselors will collect all medication and give them to the Health Staff on Tuesday.

- Send all medication in original container(s)! (A state requirement)
- Your child's name should appear on all containers.
- Send prescription medication only if it is clearly labeled as prescribed for your child.
- Put these containers (along with notes from you and copies of any changes in prescriptions) in a bag or envelope, mark it with the child's name and put it in their suitcase.

Please refrain from sending vitamins or other nonprescription medications that are not essential for maintaining your child's health during their one week of camp.

**FOOD ALLERGIES or DIETARY RESTRICTIONS...** If your child has essential dietary restrictions, please put them in writing and send with the Health Form as soon as possible. We will make our best effort to serve items from our menu that fit your child's need.

## A WORD ABOUT RISK...

Barakel has a sixty-year history of providing a safe environment where children have fun and grow spiritually and emotionally. But, in the same way that there is risk of injury in the activities around our homes and neighborhoods, there is also risk at camp. Your child will be participating in soccer, ballgames, swimming and archery. They will be helping to cook a meal over a fire, sleeping on bunkbeds, and traveling on a bus. Campers going into seventh grade and older will have the chance to ride mountain bikes and a zipline and will sleep one night in the woods. Those going into tenth grade and older can choose to shoot .22 rifles. None of these things are abnormally dangerous, and we do our best to make every area safe. However, certain hazards and dangers are inherent in all of the things we do at camp. Please instruct your child to know and obey all of camp's guidelines. We trust that their time here will be completely safe, but we wanted to alert you to the normal risk that is a part of our program.

## MONEY...

**The balance due for registration should be sent in one week prior to your child's arrival at camp (but don't wait until then to send in the Health Form).**

**Spending money.** This should be separate from the registration check you send in one week ahead of time. Please send a separate check made out to "Camp Barakel" with your camper's name in the memo line. Or you may send cash in an envelope with their name on it. Either way, place it in their luggage and have them turn it in to their counselor. This money is not needed on the bus trip.

**Your child's counselor will collect the checks and turn them over to the camp store.** Your child will have an account at the camp store representing their money. Any unspent balance will be returned when they are packing their suitcase for home. The purpose of this system is to eliminate the problem of lost or stolen money during the week.

**How much spending money is needed?** Most aspects of the camp experience are included in the camp fee. However, you should know:

- some Handcraft supplies may be purchased (range 50¢ to \$10)
- snacks such as candy, ice cream and soft drinks are available
- the store also sells postcards and postage stamps, hats, camp T-shirts(\$12-18) and sweatshirts(\$28-40), souvenirs and books
- certificates earned in Archery and Riflery are free, but matching medals and pins cost between \$2 and \$5.
- campers also have the opportunity to give to a missions project.

## TO CONTACT US...

The camp office will be open Mon-Sat from 8:30 AM - 12:30 PM and 1:30 - 5:00 PM. The phone number is 989-848-2279. When the office is not open the voice mail will provide a number for emergencies. The camp is spread out over 350 acres and campers do not have ready access to a phone. Please do not ask your child to call home - instead, mail your greetings to your child. We will encourage campers to do the same.

Please use the following format for camper mail:

**(Camper Name)  
Camp Barakel  
PO Box 159  
Fairview, MI 48621-0159**

The last mail call will be on Saturday. See [www.CampBarakel.org](http://www.CampBarakel.org) for a way to e-mail your child as late as Sunday morning.

## EDUCATIONAL ASSISTANCE FUND...

Did you know that our college-aged counselors and summer staff volunteer for the whole summer? Did you know they work without a paycheck; serving as missionaries? These are exceptional young people who give themselves to the service of your child. Each of them could have chosen employment elsewhere! Since many of the 60-70 who spend the summer will be returning to college in the fall, we have established an "Educational Assistance Fund" to help them with their school bills. If you care to say "thank you" in a tangible way, you are welcome to contribute to this fund. All checks made out to Camp Barakel with the words "Summer Staff Educational Assistance" in the memo line will be used this way. A tax-deductible receipt will be sent.

## ***What to bring...***

- |  |   |
|--|---|
| <input type="checkbox"/> Sleeping Bag or Sheets and 2 Warm Blankets  | <input type="checkbox"/> Bathing Suit (One Piece, Gals)                       |
| <input type="checkbox"/> Pillow and Pillowcase   | <input type="checkbox"/> Cover-up for walking to and from Beach               |
| <input type="checkbox"/> Bag for Dirty Clothes   | <input type="checkbox"/> Underwear  |
| <input type="checkbox"/> Towels and Washcloths   | <input type="checkbox"/> Socks  |
| <input type="checkbox"/> Soap, Shampoo   | <input type="checkbox"/> Sweatshirt   |
| <input type="checkbox"/> Comb or Brush   | <input type="checkbox"/> Jacket   |
| <input type="checkbox"/> Toothbrush and Toothpaste   | <input type="checkbox"/> Rainy-Day Wear (incl. extra pair of “get wet” shoes) |
| <input type="checkbox"/> Bible, Pen or Pencil  | <input type="checkbox"/> Shoes for Activities (Sports) and for Chapel         |
| <input type="checkbox"/> Pajamas or Sleepwear  | <input type="checkbox"/> Daily Activity Clothes                               |
| <input type="checkbox"/> Ball Glove (optional)   | <input type="checkbox"/> Musical Instrument (optional)                        |
| <input type="checkbox"/> Spending Money: Please write a check and place it inside luggage (see “Money” on left page) |   |
| <input type="checkbox"/> Clothes for Evening Chapel and Sunday Morning Chapel *                                      |   |

\* Our Chapel times are intended to have an atmosphere which is different from that on the ball diamond. We believe that is partly determined by the clothes we wear. Therefore, we ask that everyone wear their better clothes and attend Chapel anticipating to hear from God’s Word. If “dress clothing” is not available, please pack a set of “better clothes” to be reserved for evening and Sunday morning Chapels.

## ***To bring... or not to bring?***

We desire summer camp to be a wonderful and memorable experience for every camper. Our natural outdoor setting—and a daily schedule that is a change from home—both help achieve this aim. Camp also has a positive sense of community, and to help maintain that we ask everyone to take a break from media for the week. Please do not bring iPods or other music players, cell phones, electronic games, radios, laptops, or magazines. In place of these we promise to play fun games, talk with each other, and make our own music.

Out of concern for everyone’s safety, please do not bring knives, guns, fireworks, or even matches.

Please don’t bring food (except for the lunch mentioned on page 1). Food in the duffle bag attracts ants and critters. (Yuck!)

Everyone in grade groupings 7-9 and 10-12 will have the privilege of one night in the out-of-doors. It can be a great experience as we lie on our backs, enjoy the loons calling in the distance, and take in God’s beautiful stars. Bring a piece of plastic to serve as a ground cloth for under your sleeping bag, and bring a flashlight and some insect repellent too.

We have a strong desire to create an environment where everyone behaves politely and is dressed modestly. We’ll discourage flirting, summer flings, and trash-talking—in exchange for a wholesome atmosphere where everyone is respected. To help form this God-honoring setting, we ask campers in sixth grade and older not to bring clothing that is tight-fitting, reveals the midriff, or draws attention to private areas of the body. Examples include short shorts, plunging necklines, tanks with skimpy straps, tightly fitting t-shirts, bikinis (and midriff revealing swimwear), low-riding pants, and high-riding tops. We want clothing that protects everyone’s privacy. This goes against the styles of our culture, but we believe it is one way we can show honor to our Creator, and to each other, in this setting.

Thank you for your help in these areas.

## ***...and getting it back home again!***

The “Lost and Found” department at summer camp is legendary. We try to do all we can to make sure that your camper returns home with all their own belongings – but often fail in our attempts! Be sure to write your child’s name on each item (including luggage, sleeping bags, pillows, garment bags, etc.). On clothing and fabric, please use a laundry pen or marking pen that won’t wash off. If your child returns without something they should have brought home, notify the office as soon as you find it missing. We will do our best to locate it.

